



NATIONAL ASSOCIATION OF QUALITY
OF LIFE AND LONGEVITY

LONGEVITY CITY VILNIUS

Public Event of the Healthy Ageing & Longevity Assembly 2026



Lukiškės Square, Vilnius



June 10, 2026 / 10:00 AM – 6:00 PM

As part of the international **Healthy Ageing & Longevity Assembly 2026**, Lukiškės Square will transform into “**Longevity City Vilnius**” – an open, interactive public space dedicated to healthy ageing, prevention, wellbeing, and the future of longevity.

For one day, the city center will become a meeting point for science, medicine, innovation, movement, nutrition, and community engagement. Visitors will have the opportunity to explore the latest ideas and practical tools that help people live not only longer, but healthier and more active lives.

More than 15 interactive stands and partner spaces will offer:

- health and wellness assessments
- insights into modern longevity medicine
- anti-ageing and preventive health solutions
- nutrition and supplementation guidance
- sports, movement, and recovery activities
- innovative health technologies
- educational talks and live experiences

The event is designed for everyone – from health-conscious individuals and families to professionals, students, and curious city visitors who want to better understand how everyday choices influence long-term health and quality of life.

“Longevity City Vilnius” aims to make longevity science accessible, engaging, and inspiring by bringing it out of conference halls and directly into the public space of the city.

We will have DJ, event host, event backdrop for your nice photos and many more – join us in discovering how science, lifestyle, community, and joy can shape a healthier future for all.

Event is free of charge, event contact:

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